



Parent Checklist- When to stay at home

<u>What to do if...</u>	<u>Action needed</u>	<u>Return to school when...</u>
My child has one OR more of these symptoms: <ul style="list-style-type: none"> • High temperature (37.8 or above) • A new, continuous cough (means coughing very regularly, often a dry cough) • A loss of sense of smell or taste 	STAY AT HOME. The whole house must self-isolate. Siblings too! Contact school to inform us. <u>Get a test.</u> Stay at home and wait for the result. Inform us immediately of the result.	...as soon as a NEGATIVE test result is confirmed.
My child tests POSITIVE for Covid-19...	STAY AT HOME. The whole house must self-isolate for 10 days. Inform school immediately of this result (to allow school to take the appropriate course of action to protect other pupils and staff. This may include closure of the year group bubble and a switch to remote learning).	...after 10 days of isolation as long as they are healthy and feel well. Some children may still have symptoms after this time (e.g. loss of taste) but are fine to return post the 10 day period. Please note that if the child's year group bubble remains closed, they would not be able to return until it re-opened.
My child tests NEGATIVE for Covid-19...	Contact school. Agree a return time/day.	...as soon as possible (immediately, same day or next day).
My child is ill with symptoms NOT typically linked to Covid-19 (e.g. headache, runny or blocked nose, vomiting, diarrhoea)	Follow usual absence procedures: contact school, give reason.	...depending on the illness, children may be fine to come to school and may not need time off. However, all cases of sickness or diarrhoea must stay away from school for 24 hours. Speak to our office team who will help advice you.
Someone in our house has Covid-19 symptoms...	STAY AT HOME. The whole house must self-isolate. Contact school to inform us. <u>Get a test.</u> Stay at home and wait for the result. Inform us immediately of the result.	...as soon as a NEGATIVE test result is confirmed. If the test result is POSITIVE, the entire house must self-isolate for 10 days.
NHS Test and Trace has identified that my child has been in close contact with a positive case...	STAY AT HOME. Contact school to inform us.	...after 10 days isolation.
NHS Test and Trace have identified a member of our house has been in close contact with a positive case...	Come to school as normal unless the person in your house has symptoms. They only need to isolate if anyone in the household has symptoms.	...same day. No time off required.

An older/younger sibling (not on roll at Loughton Manor) has been sent home from school/nursery due to a positive case (their bubble has been closed)...	Come to school as normal unless the person in your house has symptoms. Only they need to isolate if they have no symptoms.	...same day. No time off required.
A specialist medical professional has advised my child shield as a result of THEIR medical condition...	Contact the Headteacher to discuss.	...as agreed on a case by case basis between the parent/carer and Headteacher.
A specialist medical professional has advised a member of our household to shield due to a medical condition...	Come to school as normal. Contact the Headteacher to discuss specialist's advice.	...same day. No time off required.
We have returned from a trip abroad to a destination with no travel corridor...	STAY AT HOME. Everyone that travelled must self-isolate. Contact school to inform us.	...after 10 days isolation.
A household member has returned from a trip abroad to a place without a travel corridor. My child did not make the same trip...	Come to school as normal unless the person in your house has symptoms. Only they need to isolate as a result of their travel.	...same day. No time off required.
Loughton Manor has closed my child's bubble...	STAY AT HOME. Siblings with bubbles that are open do NOT need to stay at home (unless they start to develop symptoms). Access home learning. Await further news regarding reopening.	...typically after 10 days unless advice from Public Health England (PHE) allows an earlier return.