



## Year 2 PSHE Subject Map

<b>Autumn 1 - Respecting Rights (Living in the Wider World)</b>		
<b>Lesson</b>	<b>Skill focus</b>	<b>Context</b>
Lesson 1	<ul style="list-style-type: none"><li>● I can think of things that all children need.</li><li>● I can talk about why the given human rights are a good thing.</li><li>● I can talk about the special rights children have.</li><li>● I can reflect on how I feel about situations where people's human rights aren't met.</li></ul>	Rights – children can talk about what rights are and identify rights that all people share
Lesson 2-	<ul style="list-style-type: none"><li>● I know what to do if I don't feel safe.</li><li>● I know who helps to protect my rights.</li><li>● I can reflect on how I can help to protect the rights of others.</li></ul>	Protecting Our Rights – children can explain who helps protect our rights
Lesson 3	<ul style="list-style-type: none"><li>● I understand that all people have the same rights.</li><li>● I can explain what respect means.</li><li>● I can decide if people's rights are being respected or not.</li><li>● I can think about how people might feel if their rights are not respected.</li></ul>	Respecting Others – children can show respect for the rights of others and understand why this is important
Lesson 4	<ul style="list-style-type: none"><li>● I can identify something special about myself.</li><li>● I can identify and celebrate some of the ways people can be different from each other.</li><li>● I can explain why we should treat all people with kindness and respect.</li><li>● I can discuss ways in which all people are the same.</li></ul>	Everybody's Different – children can show respect for the differences between people
Lesson 5	<ul style="list-style-type: none"><li>● I can say if I think something is fair or unfair.</li><li>● I can explain what being fair means.</li><li>● I understand that all people need different things</li></ul>	Is It Fair? – children can understand why it is important to be fair

	<p>to live happy, safe and healthy lives and that this is their right.</p> <ul style="list-style-type: none"> <li>● I can think about how people being treated unfairly makes me feel.</li> </ul>	
Lesson 6	<ul style="list-style-type: none"> <li>● I can think of different groups and communities I belong to.</li> <li>● I can talk about ways in which we can make a difference to the school and local community.</li> <li>● I can pledge to make a difference to the school and local community.</li> </ul>	Taking Part – children can explain why making a positive difference is important



## Year 2 PSHE Subject Map

Autumn 2 - VIPs (Relationships)		
Lesson	Skill focus	Context
Lesson 1	<ul style="list-style-type: none"><li>• I can identify how people show each other that they care.</li><li>• I can write the characteristics of my VIPs to explain why they are special to me.</li><li>• I can think about how I can be a VIP to others.</li></ul>	Who Are Your VIPs? – children can talk about the very important people in their life and explain why they are special
Lesson 2	<ul style="list-style-type: none"><li>• I can identify who is in my family.</li><li>• I can explain why we need our families and how they can help us.</li><li>• I can give reasons to explain why members of my family are important to me.</li><li>• I can think of ways families can show each other they care.</li><li>• I can identify that not all families are the same and I can respect those families that are different to mine.</li></ul>	Families – children can describe why families are important
Lesson 3	<ul style="list-style-type: none"><li>• I can think about why it is important to have good friends.</li><li>• I can explain what we can do to be a good friend to others.</li><li>• I can reflect on qualities I have which make me a good friend and those I would like to get even better at.</li></ul>	Friends – children can describe what makes someone a good friend
Lesson 4	<ul style="list-style-type: none"><li>• I can describe ways to help resolve arguments and disagreements without being unkind.</li><li>• I can discuss different scenarios where people</li></ul>	Falling Out – children can describe ways to help work out arguments and disagreements

	<p>have fallen out.</p> <ul style="list-style-type: none"> <li>● I can identify bullying and teasing and know what to do if it happens.</li> </ul>	
Lesson 5	<ul style="list-style-type: none"> <li>● I can explain what cooperation is and the skills needed to cooperate well with others.</li> <li>● I can reflect upon how well my group was able to cooperate.</li> <li>● I can think of one skill I am good at and one I would like to get better at.</li> <li>● I can cooperate with others to achieve a task.</li> </ul>	Working Together – children can cooperate with people to achieve a task
Lesson 6	<ul style="list-style-type: none"> <li>● I can identify positive feelings associated with my special people.</li> <li>● I can talk about the positive feelings associated with showing others that I care.</li> <li>● I can reflect on how I can help others in my class to feel good.</li> <li>● I can describe how I can show my special people that I care about them and I understand why this is important.</li> </ul>	Showing You Care – children can describe how they can show their special people how they care about them and understand why that is important



## Year 2 PSHE Subject Map

<b>Spring 1 - Think Positive (Health and Wellbeing)</b>		
<b>Lesson</b>	<b>Skill focus</b>	<b>Context</b>
Lesson 1	<ul style="list-style-type: none"><li>● I understand how happy thoughts can make me feel better.</li><li>● I can describe different emotions and consider how to deal with different feelings.</li><li>● I can identify positive and negative thoughts.</li><li>● I can think of different, more positive ways, to think about things.</li></ul>	Think Happy, Feel Happy! – children can understand how happy thoughts can make me feel good
Lesson 2	<ul style="list-style-type: none"><li>● I can make good choices and consider the impact of my decisions.</li><li>● I can understand that I can't choose what happens.</li><li>● I can understand that I can choose how I respond to things that happen.</li><li>● I can understand that the choices I make can affect how I feel.</li></ul>	It's Your Choice – children can make good choices and consider the impact of their decisions
Lesson 3	<ul style="list-style-type: none"><li>● I can set myself goals and consider how to achieve them.</li><li>● I understand that positive thoughts can help me achieve my goals.</li><li>● I understand that resilience means trying again and not giving up.</li><li>● I can think of things I would like to learn, get better at or achieve.</li></ul>	Go Getters – children can set themselves goals and consider how to achieve them
Lesson 4	<ul style="list-style-type: none"><li>● I can identify comfortable and uncomfortable feelings.</li><li>● I can discuss what causes uncomfortable</li></ul>	Let It Out – children can discuss their feelings and opinions with others and cope with difficult emotions

	<p>emotions.</p> <ul style="list-style-type: none"> <li>• I can name some strategies to cope with difficult feelings.</li> <li>• I can discuss my feelings and opinions with others and cope with difficult emotions.</li> </ul>	
Lesson 5	<ul style="list-style-type: none"> <li>• I can discuss things I am thankful for and focus on what I do have, rather than what I don't have.</li> <li>• I can name things for which I am thankful.</li> <li>• I can show my gratitude to others in different ways.</li> <li>• I understand that being thankful is a type of positive thinking, which can help to make us happy.</li> </ul>	Be Thankful – children can discuss things they are thankful for and focus on what they do have rather than what they don't have
Lesson 6	<ul style="list-style-type: none"> <li>• I can focus on what is happening right now and how I am feeling.</li> <li>• I understand what the mind is.</li> <li>• I can be still, quiet and calm.</li> <li>• I can concentrate on something I am doing and block other things out.</li> </ul>	Be Mindful – children can focus on what is happening now and how they are feeling



## Year 2 PSHE Subject Map

Spring 2 - Growing Up (Relationships)		
Lesson	Skill focus	Context
Lesson 1	<ul style="list-style-type: none"><li>• I can name the main parts of boys' and girls' bodies.</li><li>• I can use the scientific names for parts of the body.</li><li>• I can name the differences between girls' and boys' bodies.</li></ul>	Our Bodies – children can name the main parts of boys' and girls' bodies
Lesson 2	<ul style="list-style-type: none"><li>• I understand how to respect my own and other people's bodies.</li><li>• I understand what 'no' and 'stop' mean.</li><li>• I know that people's bodies and feelings can be hurt.</li><li>• I know who to tell if I am worried that the rules about respecting people's bodies have been broken.</li></ul>	Is It Ok? – children understand how to protect their own and other people's bodies
Lesson 3	<ul style="list-style-type: none"><li>• I understand that we are all different and different people like different things.</li><li>• I understand what a stereotype is.</li><li>• I know that you need to find out about a person to really know them.</li><li>• I respect others' likes and dislikes, even if they are not the same as mine.</li></ul>	Pink and Blue – children can understand that they are all different and different people like different things
Lesson 4	<ul style="list-style-type: none"><li>• I can talk about my family and others' families</li><li>• I understand that there are many different types of families.</li><li>• I can talk about similarities and differences</li></ul>	Look At Me Now! – children can describe how they have changed since they were a baby

	<p>between families.</p> <ul style="list-style-type: none"> <li>● I know who to tell if I have any worries about my family</li> </ul>	
Lesson 5	<ul style="list-style-type: none"> <li>● I can describe how I will change as I get older.</li> <li>● I can talk about things I would like to do as I get older.</li> <li>● I can name some differences between children and adults.</li> <li>● I understand that as I get older I will have more responsibilities.</li> </ul>	Getting Older – children can describe how they will change as they get older
Lesson 6	<ul style="list-style-type: none"> <li>● I can describe things that might change in a person's life and how it might make them feel.</li> <li>● I can name things that might change in a person's life.</li> <li>● I can understand how things changing might make a person feel.</li> <li>● I can suggest things that might help someone who is finding change difficult.</li> </ul>	Changes – children can describe things that might change in a person's life and how it might make them feel





## Year 2 PSHE Subject Map

Summer 1 - Safety First (Health and Wellbeing)		
Lesson	Skill focus	Context
Lesson 1	<ul style="list-style-type: none"><li>● I can identify some everyday dangers.</li><li>● I understand that many rules are there to keep us safe.</li><li>● I know what to do if I feel unsafe.</li></ul>	Keeping Safe –children know how to stay safe and who can help if they feel unsafe
Lesson 2	<ul style="list-style-type: none"><li>● I can identify dangers in the home.</li><li>● I understand that household products, including medicines, can be harmful.</li><li>● I can identify ways to stay safe at home.</li></ul>	Staying Safe at Home – children know how to stay safe at home
Lesson 3	<ul style="list-style-type: none"><li>● I understand how to stay safe around roads and other busy areas.</li><li>● I can identify other dangers I might face when I am outside.</li><li>● I know who can help me if I am in danger.</li></ul>	Staying Safe Outside – children know how to stay safe when they are out and about
Lesson 4	<ul style="list-style-type: none"><li>● I can identify risks in different situations.</li><li>● I know what to do if I feel uncomfortable in a situation.</li><li>● I understand ways that I can stay safe from strangers online.</li></ul>	Staying Safe Online – children can keep themselves safe when they use the Internet
Lesson 5	<ul style="list-style-type: none"><li>● I know that some secrets and surprises are safe.</li><li>● I can list things I should keep private to keep myself and others safe.</li><li>● I can explain what to do if I feel unsafe or uncomfortable.</li></ul>	The Underwear Rule – children know their body belongs to them and how to keep their body safe Children know what they can share and what they should keep private to keep themselves and others safe

Lesson 6	<ul style="list-style-type: none"><li>● I can identify different people who help to keep me safe.</li><li>● I know how those people keep me safe.</li><li>● I know how to help those people keep me safe.</li></ul>	People Who Can Help – children know who to go to if they need help
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## Year 2 PSHE Subject Map

Summer 2 - One World (Living in the Wider World)		
Lesson	Skill focus	Context
Lesson 1	<ul style="list-style-type: none"><li>• I can talk about special people in my life and explain why they are special to me.</li><li>• I can look at images of families from around the world and talk about their way of life.</li><li>• I can explain how their family life is the same as mine and how it is different.</li><li>• I can think about how I can show love to and care for special people in my life.</li></ul>	Families – children can explore family life in different countries and say how it is the same as theirs and how it is different
Lesson 2	<ul style="list-style-type: none"><li>• I can talk about images of homes from around the world.</li><li>• I can think about what children might do in their homes around the world.</li><li>• I can identify if homes are the same as or different from mine and explain my thinking.</li><li>• I can think about how people should treat each other in their homes to make sure everyone feels safe and happy.</li></ul>	Homes – children can discuss homes and home life from around the world and say how they are the same as theirs and how they are different
Lesson 3	<ul style="list-style-type: none"><li>• I can describe what my school is like.</li><li>• I can explore fact files about schools from around the world.</li><li>• I can think of rules which keep us safe and happy in school.</li><li>• I can discuss how we can take care of everyone in school.</li><li>• I can think about why it is important to go to school.</li></ul>	Schools – children can explain what it is like to go to school in other countries and say how it is the same as or different from their school

Lesson 4	<ul style="list-style-type: none"> <li>● I can explain what an environment is.</li> <li>● I can think about how the place where people live affects their daily life.</li> <li>● I can think about how I can look after people where I live and who live in different places.</li> </ul>	Environments – children can explore places where people live which are different from where they live
Lesson 5	<ul style="list-style-type: none"> <li>● I can explain what natural resources are.</li> <li>● I can match an image of a natural resource to a description of how it is used.</li> <li>● I can think about how harming the environment makes me feel.</li> <li>● I can identify ways in which I can help look after the environment.</li> </ul>	Resources – children can think about how other people use things from the earth and what problems this can cause
Lesson 6	<ul style="list-style-type: none"> <li>● I can think about what I love about the earth.</li> <li>● I can design a poster to tell others why it is important to care for the earth and how to do this.</li> <li>● I can make a pledge to be a planet protector.</li> </ul>	Planet Protectors – children can say why it is important to care for the earth and identify how they can help protect it